You choose your future – Together we succeed!



Online Integration-Training 240-280 days

Welcome to online integration training! The training is especially aimed at those who have difficult transport connections, as well as the disabled or partially abled, for whom online training is better than contact training.

The objective of the training

The aim of the training is to learn the Finnish language, culture and working life knowledge and to achieve language skill level B1.1. In addition, the goal is for the student to find a suitable job or education.

The aim is to achieve such linguistic, social, cultural and life management skills that the student survives in everyday life, can apply for postgraduate studies or working life and can participate in activities as a full member of Finnish society.

Training methods

The training is carried out entirely online. Versatile functional and interaction-focused teaching methods are used as teaching methods.

An individual study plan is prepared for each participant

Contents of integration-training

If necessary, we provide equipment such as a computer and internet connection for the duration of the training.

Topics covered in the training include:

- Personal study plan
- Finnish language and communication
- Working life and social skills
- Personal guidance
- On-the-job learning
- Participation in the YKI test
- Internships
- Job search skills and career guidance
- Applying for a job and training

Duration of training

The training starts on 8.11.2021 and lasts a maximum of 280 days, depending on the speed of progress. The daily study time is from 9:00 to 15:00. The start day starts at 10:00. Summer break is from 4.7.2022 to 31.7.2022.

How to join?

Applying for training takes place through TE Office E-services. The career number for the training is 701663. For more information, call the training counselling telephone number 0295 020 702.

More information about the training:

public@valmennuskeskus.fi Tel. 020 728 0345



